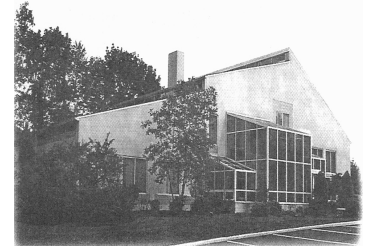


ST. TIMOTHY'S EPISCOPAL CHURCH

# THE TIDINGS

*St. Timothy's Mission: To celebrate Christ's healing love through worship, fellowship, and outreach.*



OCTOBER, 2010

## RECTOR'S RAMBLINGS

Dear Friends,

These days, I find myself needing to take and pay attention to the advice that I have often given to others when they have had a significant loss in their lives. These are not brilliant suggestions, but practical helps, I believe. May they be helpful to you:

1. Take care of yourself. Eat. Take your vitamins. Try to exercise. Go to your doctor for a physical.
2. Be yourself. Books on grief tell of a process or stages through which a grieving person may go. Such knowledge can be helpful, but we are all individuals who need to "find our own way". If we are always second guessing ourselves because we are not following the "book's order" of emotional and spiritual process, we confuse ourselves. Be yourself.
3. Get up. Take a shower. Get dressed. Begin the day.
4. Live life one day at a time. Don't get too far ahead of yourself. "Lord, help me to live today faithfully."
5. Don't make big decisions for a few "seasons"- 6-12 months.
6. At some time in the future, a "new normal" will arrive. You may notice it- after it has begun to happen.
7. Take time to reflect and pray. It might seem hollow or empty, but keep at it.
8. Seek an appropriate balance between telling nothing and telling all.
9. Have someone you can talk to, or put another way, don't isolate yourself.
10. Be patient with yourself. You might find yourself affected by normal comments or normal conversations. Be patient with yourself. Expect to be a bit vulnerable.

Lastly, we cannot thank you enough for your love and care over these past months. Your cards, food, prayers, and visits mean more than you will ever know. You kept the church operating and functioning smoothly. Your care of our friends and family has been generous and remarkable. We have received many notes of thanks. I will share just a portion of one:

*"The warmth and kindness of everyone from St. Timothy's remains a loving memory; please share it with one and all how much it meant to my daughter and me- visitors from outside Ohio- to have been included in such sweet and tender ways..."*

You are remarkable. I thank God for you every day.

**Albert**

*Sage advice for those who are grieving: "Get up. Take a shower. Get dressed. ...Live life one day at a time...."*

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The deadline for November *Tidings* is Tuesday, Oct 19, 9 am.

## IN THE PARISH FAMILY

Death: George Gammal, husband of Thelma.

*Rest eternal grant to him, O Lord.*

## FROM THE VESTRY

1. We heard that the pledges were a little bit slow coming in during the summer, but we are still ahead in our financial planning and projections.
2. We heard that the Parish breakfast, held September 12, was a great success. Thank you, Newcomer/Fellowship Committee.
3. We heard that the Sunday School has several large classes.
4. We approved the purchase of a new light fixture for the kitchen.
5. We heard that a contract was approved to survey our property for our "Next Steps" project.
6. Our Treasurer Jim D called in from Michigan, so we held our first Vestry conference call.
7. We heard that the Outreach Committee is recommending that we engage in a Nursing Home Worship Ministry. We will begin in October!

LEARN ABOUT OPTIONS  
 IMPLEMENT A PLAN  
 VOICE THE PLAN TO OTHERS  
 ENGAGE OTHERS TO LIVE

**LIVE** is a Diocesan symposium and workshop for clergy and laity about aging/end of life issues to be held on Saturday, October 9, 2010, 8:30 am—3:00 pm, at St. Paul's Episcopal Church, 1361 West Market Street, Akron OH 44313. Register by Friday, October 1, 2010, see bright yellow brochures on entrance table.

### ECW Health Tidbits

*What's the difference between "100% Juice" and "Juice Drink"?* The difference is determined by the amount of juice the liquid contains. Only 100% juice can be labeled juice. Mixed juices can be labeled 100% juice as long as each of the juices added to the mixture is 100% juice. Anything less than 100% must be labeled another name such as beverage, cocktail, punch, blend, and sparkler. They can have as little as 10% to 99% juice. The rest is water or added sweeteners. Check the label to see how much juice is present. The ingredients must be listed in order of volume.

(These are public service notices brought to you by your ECW. Pass them on.)



## UPCOMING EVENTS

1. Monday, **September 27**, begins the set up for fall Rummage Sale.
2. **October 1 & 2** is the fall Rummage/Bake Sale.
3. Sunday, **October 3**, we will have a collection for the Church Periodical Club (CPC).
4. Sunday, **October 17**, Outreach: service at Brentwood Healthcare Center in Sagamore Hills, 2 pm.
5. "No Chili Dinner/Raffle" donations accepted until October 31.



## FUND RAISING

For the last five years, we have held a Fall Chili Dinner and Raffle as an evening of food, fun, and fundraising. Due to a number of circumstances, this fall we'd like to take a break from the usual tradition. So, instead of our usual dinner and raffle, this fall we'll try a "No Fall Chili Dinner/Raffle." We anticipate this being a one-time experiment and we look forward to the 2011 Fall Chili Dinner and Raffle. This is how the fund-raiser would work: 1. Say, for example that last year you purchased items for the raffle that cost \$25. This year, instead of buying something for the raffle, you make a donation of \$25. 2. If you donated \$10, for the dinner, you could make a donation of \$10. 3. If you bought \$15 worth of raffle tickets, you could make a donation of \$15. (In my case, it was a true donation, since I rarely won the raffle!) Imagine a great raffle prize: a dinner out, an iPod, free gasoline, and picture the raffle tickets you would have bought. Put that money in a specially marked envelope for the "No Raffle" donation. This way, the church still has a fundraiser and we save our energy for other important activities.

Please turn in your donation by Sunday, October 31.

**ECW** note cards are available for purchase. They feature an artist's rendering of St. Timothy's Church and are located on the information table.

### ECW Health Tidbits

*Bubblegum for your brain:* Chew a stick of sugar-free gum the next time you need some perking up. Research claims that gum chewing increases blood flow to the brain, so it makes you feel more alert and may even improve your memory.

*Puff Piece:* For those that have goose down pillows, are they starting to look a bit tired? Help may be available. Toss them in a washer on cold, then in a dryer with 3 fresh tennis balls. The tennis balls make them full and fluffy again.

## OUTREACH

Laura's Home, part of the City Mission, is accepting donations of gently used books, primarily for women and children. Nancy N will deliver your gifts twice monthly. Please mark your gifts for Laura's Home, so they do not get mixed in with Rummage Sale goods.



## OUTREACH CONTINUED

### What Can We Do?

This year, as you know, St. Tim's formed an Outreach Committee to decide what endeavors we should pursue in our community. We had a small fair after the second service to give people some of our ideas. We then put a couple activities to the test. Over the summer, we made lunch for a Habitat for Humanity work crew, held a clean up day in the park, visited a nursing home in Sagamore Hills and worked as part of the Habitat crew. The nursing home visit and the work crew elicited the most volunteers. At our day at the Habitat build, we put insulation in place and dug trenches for pipe-laying. Albert reports that he was able to collect a bag of trash by himself at Longwood Park on the clean up day. We sang classic hymns and had Eucharist with some very charming ladies and gentlemen at the Brentwood Healthcare Center.

This week the committee decided to commit to monthly visits to the nursing home for worship and fellowship. Future visits may also include some other activities, like craft projects or youth visits. Next summer, we will pursue more Habitat involvement and try again for a clean up day at the park.

Most of our current ideas are one day projects that could be annual events for St. Tim's, like the park clean up., but we are going to try to make the nursing home an ongoing activity. Some other ideas we have are: Laura's Home, City Mission, and Haven of Rest visits and Westside Shared Ministries activities. We have also discussed the possibility of working with other churches on, perhaps, larger efforts. Other projects will be considered as they arise. These were our first efforts and we hope to continue to broaden our Outreach in the community at large.

The Outreach Committee was formed to act on the interests of the congregation, so we are open to your ideas. Please contact Albert or a committee member, or make an announcement with your ideas. If you are interested in volunteering, listen for announcements and watch for sign-up sheets.

Kim K

## CHURCH HAPPENINGS

### *Calling all Rummage (and Bakery)*

Our Fall Rummage Sale will be held Friday, October 1<sup>st</sup> and Saturday, October 2<sup>nd</sup>. We have done our advertising, made our flyers, put out the sign up sheet, but there is one thing we are missing for a successful sale.....**YOU!!!**



We need your gently used clothing and household goods starting on Monday, September 27. We have some things in storage, but need all we can get in order to make our goal of \$3000. Our community is depending on us to provide good quality, low cost clothing and household goods in these tough times.

Along with your donations, we are in need of bakery for our Bake Sale. The sign up sheet is in the rear of the church.

**Drop off donations:** Any day after Sept 26. Call first to make sure we are here.

Monday, Tuesday or Wednesday evening 7-9 pm

**Drop off Bakery:** Thursday evening 7-9 pm, or before 9am Friday morning

Please, **no encyclopedias, computers, analog TVs, or VCRs.** No one is buying these and Goodwill will not take them either. Thanks for all you do for St. Timothy's!

Judy H and Pat S, Co-chairs

## CHURCH HAPPENINGS CONTINUED

### **Pull for Ronald McDonald House - Keep those tabs coming.**

There are 37 rooms and 6,208 nights occupied in the first half of 2010: great. 34% could not pay, leaving \$46,147 uncollected room fees: not so great

The funds raised thru pulled tabs allows assistance in emergencies, family meals assistance, other House services.

Save the cans for Youth Group and the tabs for the families with ill children staying at Ronald McDonald House. See info at entry table.

PS. Thanks to the someone who provided a large coffee can of tabs !

### **United Thank Offering - U T O**



Fall Ingathering is Sunday, November 7. It is upon us. Hope is that many have been offering Daily Thanks and a Coin for the past months so there are coins to transfer from Blue Box to Ingathering Envelope. See the Grants folder on entry table and read of the locations and the projects that were funded. Remember, St. Luke's, West Side Cleveland was a recipient. Over \$2,000,000 was granted around the world.

It's never too late to start. Pick up a Blue Box at entry table. Ingathering envelopes will be available mid October.

Mary Ann P

### **FaceBook Review**

More than a year ago, several members of our church attended a seminar in order to decide if our church should have a FaceBook page. As a congregation, we decided to stick to our website, but individually many of us got our own pages. We'd like to use the experience of the last eighteen months to speak to the next generation of FaceBook enthusiasts, namely our youth group.

First of all, one must be thirteen years of age to use FaceBook and have an e-mail account. Ellie D recommends that one wait to be in high school before getting an account because of the maturity level of the environment. This is sage advice. Parents, teachers, prospective employers, and friends can easily see your page, even with privacy protection. Many people have the same name so it is advisable to make sure when using photos or other significant information to be sure the person is the one you want.

People can see your page and posts, if they become your friend, make a friend request, or respond to one of their own friend's posts. People can comment on your post if you mutually agree to be friends. People choose to unfriend people for various reasons, mostly lack of contact, or too much contact. It is possible to hide a person's posts without 'unfriending' them if you like them, but not their posts. You have the option to 'like' various phrases that appear on the 'home page', many of these are sponsored by advertisers. Games are usually free and entertaining, to begin with, but require payment for items later, so discuss your games freely with your parents.

Some people like to upload seemingly innocuous photos of toddlers in various forms of dress or not. Innocent though they may be, they are not particularly well received by people using FaceBook as a professional network. Inappropriate pictures of one's self, receive negative shock value.

"Kids say the darndest things", but they should not say them on FaceBook. It is a public forum as large as the TV audience of sports games. It is indeed like putting a lighted billboard on your lawn, and you don't get to have control of everyone who sees it, and then makes a judgment based upon what they see. Do not post medical results, test results or other private information about family members without permission from them.

Continued next page

**FaceBook Review** continued

FaceBook is friendly but not private.

We have enjoyed reconnecting with friends that haven't been seen in years, and relatives from all over the United States and beyond. We can be friends with our children and their friends. We have used FaceBook to invite people to parties and wakes and showers and recitals. We can see pictures of things that people want to show us, prom pictures, grandbabies, pets, artwork and scenery, and the high scores of their games. It is a fun, social networking internet site. We use it to our advantage.

Mara D and Ellie D

**Interesting fact:** St. Timothy's apparel makes great Christmas gifts. Check out the blue binder on the entrance table and leave your order or call Judy H.

**MONEY MATTERS**

Here are the financial results for year-to-date August 2010 compared to the budget:

<u>Description</u>	<u>Actual</u>	<u>Budget</u>	Favorable /
Year-to-date Operating Revenue:	108,081.67	82,566.00	25,515.67
Year-to-date Operating Expenses:	85,420.20	84,795.00	(625.20)
Year-to-date Operating Surplus(Deficit):	22,661.47	(2,229.00)	24,890.47

Church Operating Equity: \$32,352.49

July and August receipts were \$3,400 under budget primarily due to the reduction in monthly pledges from full-year pledges being paid earlier in the year. Non-pledge giving for the two months was over \$800 under budget as well. Year-to-date pledge donations are 9.5% over budget (budgeted at \$70,728.00, received \$77,484.00). This amount is inflated by \$7,858 in pledges that have been pre-paid for the year. Excluding the pre-paid pledges, we are \$1,122 (1.6% under budget) behind in pledge giving for the year.

Equity is just over \$32,000 and has dropped over \$8,000 since May to help cover the lean summer giving months and will help us throughout the remainder of the year. Currently, expenses are being paid when they are due. Our financial health continues to be excellent.

Year-to-date expenses are only 1% over budget despite absorbing some large unexpected expenses this summer. We have been close to budget because we are watching our expenses carefully.

Money from the Building & Grounds Fund – New Construction Account is being used to research new expansion for the Church and to provide initial funds for that expansion. Contributions from memorials continue to be transferred to the fund and the money is invested in a combination of bank accounts, money market accounts and stocks. The balance in the New Construction account is \$161,802.72, with approximately 36% of the funds invested in the stock market. The volatility of the market sometimes makes for concern, but we have not taken too much of a financial hit on those funds. I will report in future months on the balance in the New Construction Account.

Overall, 2010 remains a positive year financially. St. Tim's continues to be blessed.

Jim D



## *Tidings* WORSHIP SCHEDULE FOR OCTOBER, 2010

	<b>Oct 3</b>	<b>Oct 10</b>	<b>Oct 17</b>	<b>Oct 24</b>	<b>Oct 31</b>
<b>ALTAR GUILD</b>	JUDY H Pauline N	SANDY R Marjorie M	MARILYN P Marianne M	NANCY N Mary P	MARY R Maureen L
<b>ACOLYTES</b>	Norb K	Mike H	Lily S Lauren S	Ellie D New Acolyte (TBD)	Karen R New Acolyte (TBD)
<b>HOSPITALITY</b>	Nancy-Anne Lois O	Marjorie M Judy S	Allen W Bill P	Mara D Rick D	Fred N Terri N
<b>GREETERS</b>	Joan P	Marianne M	Linda S	Mary R	Nancy N
<b>USHERS</b>	Mavis R Phil W	Mike M Cliff P	Mavis R Phil W	Mike M Cliff P	Mike M Mavis R
<b>COUNTERS</b>	Mavis R Lois O	Sandy D Bill P	Jim D Nancy-Anne	Mavis R Mike M	Sandy D Lois O
<b>SEASON</b>	<b>19<sup>th</sup> Sunday after Pentecost, <i>green</i></b>	<b>20<sup>th</sup> Sunday after Pentecost, <i>green</i></b>	<b>21st Sunday after Pentecost, <i>green</i></b>	<b>22nd Sunday after Pentecost, <i>green</i></b>	<b>23rd Sunday after Pentecost, <i>green</i></b>
	Proper 22 Rev Gay Jennings	Proper 23	Proper 24 Anne Pillot	Proper 25	Proper 26
	Rite II	Rite II	Rite II	Rite II	Rite II
<b>CHALICE BEARER</b>	Mary Ann P	Marjorie M	Karen R	Anne P	Nancy-Anne
<b>1<sup>ST</sup> LESSON</b>	Sandy R	Lois O	Pat S	Norb K	Suzanne P
<b>2<sup>ND</sup> LESSON</b>	Cheryl M	Mara D	Peter D	Judy S	Barb S
<b>INTERCESSOR</b>	Mary Ann P	Marjorie M	Bill P	Barb S	Nancy-Anne
<b>FORM</b>	III	VI	VI	II	II
<b>PAGE</b>	387	392 w/confession	392 w/confession	385	385

If you are unable to serve, please call someone on the list to change and notify the appropriate leader.



# October 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9-6:00 Rummage Sale	2 9-1 Rummage Sale, clean up 8:00 p AA meeting
3 8:30 a Holy Eucharist CPC Sunday 10:30 a Holy Eucharist 11:45 a Acolyte rehearsal	4	5 10:00 a Book Study Noon AA Meeting 8:00 p AA Meeting	6 6:00 p Potluck Program 7:30 p Choir Rehearsal	7	8	9 8:00 p AA meeting
10 8:30 a Holy Eucharist 10:30 a Holy Eucharist Bell Choir	11 Columbus Day 	12 10:00 a Book Study Noon AA Meeting 8:00 p AA Meeting	13 6:00 p Potluck Program 7:30 p Choir Rehearsal 8:00 p Education Mtg	14	15	16 8:00 p AA meeting
17 8:30 a Holy Eucharist 2 Cents a Meal 10:30 a Holy Eucharist Bell Choir 2:00 p Service at Nursing Home	18 7:00 p Vestry Meeting	19 9:00 a Tidings deadline 10:00 a Book Study Noon AA Meeting 7:00 p Mission Area Council, Hudson 8:00 p AA Meeting	20 6:00 p Potluck Program 7:30 p Choir Rehearsal	21	22	23 8:00 p AA meeting
24 8:30 a Holy Eucharist 10:30 a Holy Eucharist and Baptism Bell Choir	25	26 10:00 a Book Study Noon AA Meeting 8:00 p AA Meeting	27 6:00 p Potluck Program 7:30 p Choir Rehearsal	28	29	30 8:00 p AA meeting
31 Halloween 8:30 a Holy Eucharist 10:30 a Holy Eucharist Bell Choir						

